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Alzheimer's Disease: Hear the Caregivers' Stories



"As much as you want to say you understand this disease, you're just human, and it's hard not to react." –Gianna

Keiro anonymously interviewed two community caregivers who have cared for loved ones with Alzheimer's disease. They shared their situation, challenges, and lessons they've learned.

[Read our Unspoken Caregiving article here](#)

A Journey Not Taken Alone



Watch this video from [Alzheimer's Los Angeles](#) about Jane's caregiving experience with her mother. Hear why she feels it is important to talk about these struggles so that we can learn valuable lessons from each other.

2022 Alzheimer's Conference

アルツハイマー病カンファレンス

Saturday, June 11, 2022 | 10:00 a.m. – 12:30 p.m. PDT
Zoom Webinar



Presented with Alzheimer's Los Angeles

We are less than a month away from the Alzheimer's Conference! Join us to hear a panel of expert speakers to hear practical knowledge around caregiving.

アルツハイマー病カンファレンスは日本語同時通訳で提供されます。

Register TODAY! Registration is required to attend and closes **Friday, June 10th.**

[Register Here](#)

[日本語での申込](#)

How a Grant from Keiro Helped Launch a New Program



In April, the Ventura County Japanese American Citizens League launched a new program called Happiness, Health, Heritage, @ Home (HHHH) with support from Keiro's Grants Program. Read how one individual, through her experience, felt the need to create a new community support system to outreach and connect with each other.

[View photos and read about Ventura County JACL's HHHH program](#)

What is Iyashi Care? – Watch Our New Video!



"When you're in a challenging situation, you may not know what you need. It is sometimes helpful to have somebody else give you a bigger picture, and Iyashi Care can play that role." - Kanako Fukuyama

Since 2017, Iyashi Care has continued to provide quality support for patients and their families. Watch our new video to hear directly from our Iyashi Care team about this unique palliative care program!



Iyashi Care

Thursday, May 26th
10:30 - 11:30 a.m.

This forum will help you learn how Iyashi Care can assist you and why you should consider enrolling yourself or a loved one in the program. We'll also take a look at our brand new videos!

[Register Here](#)

By 2023, the number of

Memory Loss and Alzheimer's with Alzheimer's LA

Thursday, June 9th
10:30 - 11:30 a.m.

An overview of Alzheimer's disease and its effects. Learn about what causes memory loss, the difference between normal aging and signs of dementia, and what to do when you visit the doctor.

[Register Here](#)

Memory Loss — Is This Normal?

Some factors that may contribute to temporary memory loss include, but are not limited to:

- Grief
- Medication interactions
- Alcohol abuse
- New medical conditions
- Depression
- Nutritional or vitamin deficiencies
- Social isolation



Keiro

As we age, we may start to notice physical changes in our bodies and our memory. There are a variety of factors in our lives that can cause forgetfulness or mild cognitive decline without necessarily indicating early signs of Alzheimer's or dementia.

[Click here to read more](#)

Your Support Matters

Your support enables Keiro to provide impactful programs to meet the diverse and ever-changing needs of Our Community's older adults.

Click below to make a gift to Keiro!

Your contribution is tax-deductible to the fullest extent of the law.



[Give Today!](#)

Looking for other ways to give? Consider making a gift of [stock](#) or a gift through your [donor advised fund!](#)

If eligible, consider making a [qualified charitable distribution](#) to Keiro to help meet your required minimum distribution.



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